



A Comprehensive Resource for Out-of-Schooltime Staff  
*Celebrating 10 Years!*

*ACROSS NH is proud to present a day of virtual professional development custom designed to support New Hampshire's afterschool care professionals in their work to create high quality and innovative programs for school age children.*

# VIRTUAL SPRING RENEWAL CONFERENCE FOR AFTERSCHOOL



and

## ACROSS NH 10 YEAR ANNIVERSARY CELEBRATION

**Saturday, April 17, 2021**

**8:30am to 3:15pm**

**Registration Closes on Monday, April 12, 2021**

**Attend the 10 Year Anniversary Celebration and three (3) trainings to receive a gift from ACROSS NH.**

This conference will be virtual on Zoom.

**There is no fee to attend the conference.**

Professional Development will be awarded  
in the NH Professional Registry.

**For more information contact ACROSS NH  
at (603) 206-6848 or [acrossnh@seresc.net](mailto:acrossnh@seresc.net).**

**ACROSS NH 10 Year  
Anniversary Celebration!**

**8:30 - 9:00am**

**SESSION 1**

**9:15 - 11:15am**

**SESSION 2**

**11:30am - 1:00pm**

**SESSION 3**

**1:15 - 3:15 pm**

# ACROSS NH 10 Year Anniversary Celebration: 8:30-9:00am



## Anniversary Celebration Presentation

Please join Susan Gimilaro, Project Director, and Cathy Hazelton, Project Assistant, to celebrate the tenth-year anniversary of ACROSS NH. Enjoy an inspiring and moving presentation tribute of photos, videos, testimonials from programs across the entire state of New Hampshire celebrating the work being done by out-of-schooltime!

## SESSION 1: 9:15-11:15am (2 hours)

### Building Connections and Better Outcomes for Kids

Kids do not learn from people they do not like. Positive and healthy relationships with kids are fundamental to their success. When kids feel supported and connected, they are more likely to have prosocial behavior, empathy, problem solving skills, and have better academic outcomes. With positive connections, kids also have fewer behavioral problems. In this training you will learn strategies that build connections with children in all environments, including in-person and remote.

**Trainer:** Bobi White, M.Ed.; NH ASMP WT, PC, F and LE Level 5

**Core Knowledge Areas:** Interactions with Children and Youth

### How to Calm the Angry Octopus

Explore insights to strategies that encourage positive behaviors in afterschool programs. Tools for providing inviting environments, in which all children's needs may be met, will be shared. Participants will experience how a thoughtfully equipped and well-designed environment can not only encourage all areas of development but influence positive social interactions and behaviors.

**Trainer:** Melanie Smith, M.Ed.; NH ASMP WT, PC and LE Level 5

**Core Knowledge Areas:** Learning Environments and Curriculum

### Bringing the Silver Lining of COVID to Summer Programming

The small group opportunity of relationship building has been a silver lining of the COVID-19 experience. So how can we keep these opportunities going even when we slowly start to return to "normal" programming? We will discuss the importance of focusing on Social Emotional Learning while preparing for summer programming. Daily practices, activities and teaching techniques that support building and sustaining positive relationships will be shared.

**Trainer:** Amy Upton, M.S.; NH ASMP WT, F, IM, PC and LE Level 5, ASA Level 4

**Core Knowledge Areas:** Interactions with Children and Youth

## SESSION 2: 11:30am-1:00pm (1.5 hours)

### Team Building Tricks & Tips

Team bonding and team building create a positive environment for work and play! It does not matter whether you are trying to create a sense of belonging and camaraderie with your staff or your students, these tips will do the trick! Be prepared to engage in activities that can be used in virtual or face to face environments.

**Trainer:** Heidi Belle-Isle, M.Ed.; NH ASMP WT PC IM, ASA 4

**Core Knowledge Areas:** Professional Development and Leadership

### Recognition: The Reward of Valuing Your Staff and Volunteers

Do you have staff that need to know you value their work? Do you have volunteers in your program? Recognition and reward for the work people do can be formal or informal. We will discuss the research of why recognition is important, how it supports positive community building, and the benefits for the children in your program. You will come away with many inexpensive and fun ways to say "thanks" to your staff and volunteers. Participants who complete the training will receive a special gift to use toward recognizing your staff and volunteers.

**Trainer:** Kathy Jablonski, M.Ed.; NH ASMP WT, F, IM, PC and LE Level 5

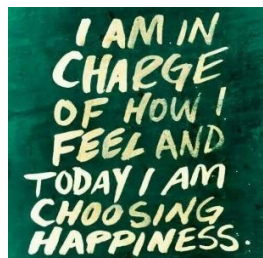
**Core Knowledge Areas:** Professional Development and Leadership

### Choose Your Own Weather

This training will help you find your freedom and power to choose your own weather in your daily life. You may ask yourself, what does that mean to choose your own weather? We all have the power within us to choose to be proactive or reactive. We will explore some activities to help us choose positive and proactive weather in our own lives. You will leave this virtual training with activities and ideas to use with your students to help them become more proactive and positive decision-makers.

**Trainer:** Jessica Ireland, B.A.; NH ASMP WT and LE Level 3, ASDS Level 6

**Core Knowledge Areas:** Professional Development and Leadership



## SESSION 3: 1:15-3:15pm (2 hours)

### **Building SEL through the SACERS-U Activities Subscale**

Social and emotional learning (SEL) can be supported through daily routine and planned interactions in your school age program. This training will define the main pillars of social emotional learning. Then participants will be familiarized the SACERS-U (School-Age Care Environment Rating System-Updated) tool with a focus on the subscale of “Activities”. We will explore how specific activities and opportunities can support healthy social and emotional development in the children in your program. Participants will receive a SACERS-U book upon completing this training.

**Trainers:** *Stephanie Sturgis, M.S.; NH ASMP WT and ASA Level 4, and Cathy Hazelton, M.Ed.; NH ASMP WT, PC, IM, ADS 6 and LE Level 2*

**Core Knowledge Areas:** *Learning Environments and Curriculum*

### **Let's Talk: How to Handle Tough Situations with Communication**

Unexpected situations and reactions from children can surprise us, but how should we respond? The relationships we build with children in tough situations can have lasting impacts on a child's resilience and outlook. We will discuss strategies and approaches to talking with children when unexpected situations or reactions arise.

**Trainer:** *Kimberly O'Donnell, M.S.; NH ASMP WT IM PC*

**Core Knowledge Areas:** *Interactions with Children and Youth*

### **4-H Mindful Me & Gizmo's Pawesome Guide to Mental Health**

This workshop will present two emotional wellness programs for early elementary age children (K-3rd grade), [4-H Mindful Me](#) from National 4-H Youth Development and [Gizmo's Pawesome Guide to Mental Health](#) from the American Foundation for Suicide Prevention. 4-H Mindful Me is a 10 session program that incorporates a comprehensive mindfulness education program utilizing select picture books and hands-on activities. Gizmo's Pawesome Guide is an engaging book and guide to help children with when they may feel sad, mad, or worried. Both programs can be presented virtually or in person. Come join us in learning more about using these two programs to engage young children and promote emotional wellness in afterschool programs. Participants will receive a 4-H Mindful Me guide upon completing this training.

**Trainer:** *Rick Alleva, Ed.D.; NH ASMP WT, F, PC*

**Core Knowledge Areas:** *Interactions with Children and Youth*

